

MONICA A. COLEMAN



SCHOLAR | WRITER | SPEAKER | MINISTER

INTRODUCING MONICA A. COLEMAN

In classrooms, pulpits, conference rooms, and books, Monica A. Coleman is committed to connecting faith and social justice. Answering her call to ministry at age 19, Dr. Coleman brings her experiences in evangelical Christianity, black church traditions, global ecumenical work, and indigenous spirituality to her discussions of religion. Dr. Coleman speaks widely on navigating change, religious diversity, mental wellness, and church responses to sexual and domestic violence.

Book Monica

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A renowned leader in process theology and liberation theologies, Dr. Coleman speaks throughout the U.S. and in international settings. In every presentation, she educates, cultivates and empowers people of faith and purpose to connect their beliefs with both their personal experiences and social action. Coleman speaks on many of the issues that religious leaders avoid: sexual and domestic violence, mental health, postmodernism and religious diversity. She offers key insights about these issues with pragmatic solutions for individuals and communities.

BOOK DR. COLEMAN TO SPEAK: [INFO@INNERPRIZES.COM](mailto:info@innerprizes.com)



Speaking Topics

LEARNING TO LOSE: Navigating Change with Grace

We often take losing as a failure. But loss is a part of life, a part of what it means to grow and evolve. With loss, can come the ability to find a new way forward. This presentation will explore how, amidst loss, people can choose life. We will discuss the key principles of this perspective, as well as daily practices that support everyday wellness.

BIPOLAR FAITH: Spiritual Practices for Living with Depression

This workshop will discuss how living with depression challenges common notions of faith, spirituality and Christian/ religious teachings. We will redefine faith in the context of depression, and discover beliefs and spiritual practices that support and empower individuals that experience depression.

WHAT OCTAVIA TRIED TO TELL US: Afrofuturist Lessons of Today's Pandemic and Politics

This presentation explores the ways Octavia Butler's Parable of the Sower harnesses women's leadership to invoke Black religions, create Scripture, construct theology and redefine salvation. Emphasizing the need for creativity and faith, this presentation concludes with practical steps for navigating change amidst political and environmental chaos.

*What people
are saying...*

"Dr. Coleman has a way of grabbing your mind and forcing it to grapple with very deep issues without you even noticing that it's happening. An effortless speaker, the power of her message is immense and her ability to speak to our theme was more than impressive. Participants left feeling energized, elevated, and most of all, inspired."

Anna S., Lecture Series Director



Biography

TEACHING A FAITH THAT LIBERATES

Monica A. Coleman is Professor of Africana Studies at University of Delaware, with over 15 years of experience as university and theological school faculty. Coleman has earned degrees from Harvard University, Vanderbilt University and Claremont Graduate University. Answering her call to ministry at 19 years of age, Dr. Coleman is an ordained minister in the African Methodist Episcopal Church and an initiate in traditional Yoruba religion.

Dr. Coleman brings her experiences in evangelical Christianity, black church traditions, global ecumenical work, and indigenous spirituality to her discussions of theology and religion.

Dr. Coleman is the author or editor of six books and several articles that focus on the role of faith in addressing critical social and philosophical issues. Her memoir Bipolar Faith shares her life-long dance with trauma and depression, and how she discovers a new and liberating vision of God. Her book Making a Way Out of No Way is required reading at leading theological schools around the country. Dr. Coleman is the co-host (with writer Tananarive Due) of the popular webinar series "Octavia Tried to Tell Us" addressing today's issues with insights from Afrofuturist literature, process theology and community values.



*"When you see a gap,
it's not a shortcoming.
It's an opening - a
chance to do
something new."*



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Short Bio

Dr. Monica A. Coleman is an award-winning author, scholar, speaker and minister. She helps people who are looking for a new way to think about their faith by teaching them a framework for navigating change. Dr. Coleman leads retreats, workshops and conferences for mission-driven organizations who want innovative ways to cultivate wellness among their community.

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DISCOVER MORE ABOUT **MONICA A. COLEMAN**